

The Lion's Tale

SPRING 2021

DIGITAL MAGAZINE

VOLUME 1, ISSUE 5

The *Senior* Issue

COLLEGE DESTINATIONS

SENIOR EVENTS



plus...

SMOB ELECTION:
Meet Peter Banyas

Top Ten FPS

STAR WARS GUIDE

Howard Sports
Update

REVIEW:

**THE FALCON AND THE
WINTER SOLDIER**



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New Students' Guide to Howard

Alexis Werling '22
Features Editor

Are you a freshman coming to Howard? Feeling scared about the large halls and not knowing where to go? Here are some helpful tips and tricks to getting around the school. Whether you don't know what's good on the lunch menu or you're unsure about what halls to avoid, this article is for you!

Lost & Late

It can be scary going to a large school that you aren't used to. If you're scared of being late on the first day of school, no worries! Your teachers will understand if you're late for the first week. However, it's always a good idea to ask students where hallways and rooms are since it can be a little complicated. Don't worry; you'll get the hang of it. Kate Land, a junior at Howard shares her experience of being late: "It was kind of embarrassing the first time but after a while, it didn't bother me. But it's still important to be at class on time." When I was a freshman at Howard I kept forgetting where my classes were and what the swiftest route was to get to them. But now that I'm a rising senior this year, I've got the hallways memorized. The hallways can seem like a maze, but thankfully the school has a map on the website you can print. Or, you can always ask the front office for a map of the halls and they'll be happy to help you.

"Good morning"

A mysterious man in a suit greeting you at the doors every day? Don't fear, that's just Dr. Saunders making sure your days start with a warm welcome. He's always good to ask for help or advice if you ever have any issues at school. But also make sure you get comfortable and familiar with your counselors in case any classic high school drama breaks out in your life. They're here to help you and support you. Shea O'Loughlin, a junior, gave his advice on mental health: "We all have bad days, it's okay to feel bad in the head, body, whatever it may be. But don't let anyone tell you it's not okay to feel that way because the second they tell you what to do, those feelings are no longer yours." If you need a place to relax for a bit because a class is too stressful just ask to go to your counselor; they'll make sure you're comfortable, and when you feel better you can go to your next class.

Lunchroom Options

Howard has a great choice of lunch and breakfast options. Breakfast is open to all students until the first bell, so make sure you get something to eat before classes. Lunch is a fun time of day because it allows you to sit with your friends and potentially make some new ones. Howard has four lunch periods: A, B, C and D. On the 6 period schedule, you will most likely have two different lunch periods that alternate on A and B days. It's not uncommon to have the same lunch break every day, but it all depends on your classes. For the menu, I suggest the walking tacos. This delicacy consists of tortilla chips with your choice of chicken or beef. You can also choose whether or not you want the corn and cheese in a bag. It's a tasty meal, and I've always loved the convenience of it being in a tortilla chip bag. We will always have a plain and spicy chicken patty, pizza and burgers on the menu, the fourth option varies on the day and whatever the lunch ladies have in stock for the day. The grilled cheese with tomato soup is also to die for.

Club Life

Howard has a large number of clubs that you could join, ranging from chess to cooking; LGBTQ+ to sports. If you have an interest in something, they have it. Logan Hays, a Howard alum, said his favorite club was "JROTC because it's a great way to become a part of your community and your school." But if you find that there's a club you would like to join that Howard does not already have, that's an easy fix! Just find a teacher who will support your club idea and will lend you their room for any after-school activities. However, you better make sure you clean up the classroom after any meetings; it's not polite to leave the room looking like a mess.

Professionals React

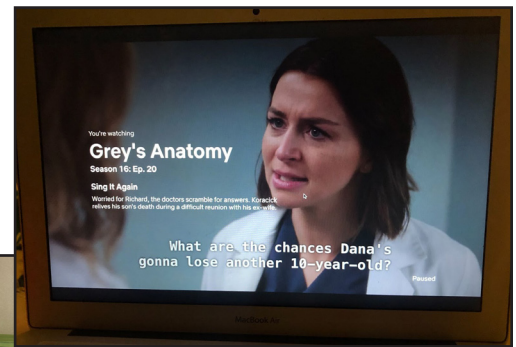
Are TV depictions of teachers, doctors and police accurate?

Lexi Perrus '22
Social Media Manager

T.V. shows always bring attention to some important professions we see in our everyday community, but are these roles being accurately portrayed? In *Grey's Anatomy*, we see doctors not playing by the rules: cutting L-VAD wires, falling in love with patients, committing insurance fraud—all while still managing to keep their jobs. Many shows with police officers, like *Chicago PD*, make you believe that violent shootings happen everyday and officers are allowed to harass their suspects during interrogation. Then there are the television version of teachers with unusually close relationships with students and seem to teach them for years when, in fact, students only have each teacher for one. I turned to professionals in our community to hear their reactions and commentary to the televised depictions of their careers.

Howard High Economics and History teacher, Mr. Hollander watched an episode of *Boy Meets World* to observe Mr. Feeny, the show's history teacher and role model. Hollander shares a bias on the way his profession is portrayed, explaining, "I've never been a fan of T.V. shows or films that depict education or teachers. Often, they start off by showing the class sitting at their desks and the teacher walks in on the first day with their briefcase and starts writing on the board. How inaccurate! Or, the students sit silent and patiently as the teacher's lecture at the front of the class," He decided to watch season one, episode 8: "Teachers Bet" where Cory (the show's main character) and Mr. Feeny switch roles for the week. According to Mr. Hollander, this situation would have no chance of happening in real life. Corey switching roles is extremely unrealistic because a child would not be able to fully run the class professionally, let alone be responsible enough to take care of so many children. Many students would not even listen or respect him, and schools would not allow such an interruption to class time. During Corey's experience teaching, he hears a girl being called names based on her race and informs the class about this. Corey decides to connect this to their current book they are reading, "The Diary of Anne Frank," and ends up teaching the class a great lesson. Mr. Hollander ends his review by saying, "In conclusion, there are some really bad shows that depict teachers in a wrong light, but this one was pretty good." While the show depicted teachers in a good light and had a great message, it still had a really inaccurate portrayal of educators.

Mrs. Stark, a nurse at Howard who worked at a hospital for almost 20 years, decided to provide her opinion on this



Top: *Grey's Anatomy* ranks as one of the least accurate depictions of medical professions. Left: Mr. Hollander gives *Boy Meets World* a thumbs-up.

issue. She watched *Grey's Anatomy*, and chose season 16, episodes 19 and 20. First, Stark responded to the issue of whether she thinks *Grey's Anatomy* accurately portrays her career as a medical professional working in a hospital. Her response was a strong critique: "I can honestly say that *Grey's Anatomy* does not give a true representation of working as a medical professional. There was a lack of nurses, techs, equipment, and physicians in all areas.... They attempt to glamorize a false hospital experience of a surgeon." Stark continues, "There is an accountability perspective that is missing.... There is no true representation on nursing and its importance to the medical team." If a hospital truly ran this way, she believes that it would not be safe or effective whatsoever. To be more realistic, Stark explains that they would have to add many characters (maybe too many) and a looser storyline. But with these additions, she also adds, the show would lose the drama and fantasy all *Grey's* fans love.

Howard County Police Department Sergeant Allie Ehart begins her criticism of the show *Chicago PD* by comparing it to real-life police work: "Suspects are not assaulted during interviews. They are un-cuffed (unless they're a threat), read their rights, untouched by the officers, and offered a lawyer." She continues, "Deals are not offered to suspects during the interview process in exchange for a confession.... Police involved shootings do not happen on a daily basis." As far as local comparisons, Ehart emphasizes, "Howard County officers have a good relationship with their community." If the things that happened in the show happened in real life, such as consistent shootings and gun fights, the community would be in constant fear of crime. Even though the extra action makes for an interesting show, it is in no way realistic—and we should be glad it isn't. Mrs. Ehart explains, "The behavior of the officers on *Chicago PD* would never be tolerated in the Howard County Police Department." Just like all other careers depicted on television, police officers in shows like *Chicago PD* do not accurately represent the day-to-day work of a real officer.

With Asian Hate Crimes on the Rise



COLUMBIA, MARYLAND MARCH 24, 2021 — Howard County residents gather at Columbia Lakefront to rally against racism towards Asian Americans and honor the lives lost at Atlanta shootings. BRIAN KRISTA/BALTIMORE SUN

In Atlanta, Georgia on March 16, 2021 8 people, six of Asian descent, were killed at three Atlanta-area spas and massage parlors. 21-year-old gunman Robert Aaron Long was charged with eight counts of murder; however, the Atlanta Police Department's statement framed the bout of fatal shootings as a "bad day" for the gunman, not a hate crime, and motivated by his sexual addition, not the race of those he attacked. Contrarily, Asian Americans and their fellow allies disagree, citing that the violence was deliberately aimed toward Asian American women. The names of these women are Daoyou Feng, Xiaojie Tan, Delaina Hyun Jung Grant, Suncha Kim, Soon Chung Park and Yong A. Yue. Xiaojie Tan would have been turning 50, and was deprived of the chance to celebrate an age landmark. All loved ones of the victims were left to grieve for their losses; losses who were all mothers, daughters, sisters and aunts.

These tragic shootings came after the culmination of various Asian-targeted hate crimes. One of the actions that Asian Americans wish to see in response is proper data

collection of reported hate crimes against Asians. In an effort to show the distinct pattern connecting these acts of violence, an advocacy group called Stop AAPI Hate made it possible for individuals nationwide to report Asian hate crimes — anywhere from verbal harassment to being coughed or spat on, to physical attacks. It received more than 3,800 reports of hate crimes this past year, including a 61-year-old Filipino-American who was slashed in the face with a box cutter while on a New York subway train. An 84-year-old Thai immigrant died after being pummeled to the ground during a usually peaceful morning walk. An 89-year-old Chinese woman was physically assaulted and set on fire. This chain of events conspicuously reveals the horrifying reality of xenophobia and racist bigotry in America.

The rise in Asian hate crimes is not totally unexpected. In fact, the Federal Bureau of Investigation had cautioned at the beginning of the coronavirus pandemic that it anticipated an increase in hate crimes against citizens of Asian descent. This warning is, in part, due to the racist terms that have

Rise, Columbia is No Exception

Lilia Shahal '23
Opinion & Editorial Editor

been popularized by certain media outlets, such as “Kung Flu” or “China virus,” which scapegoat Asians as the cause of the pandemic.

In particular, Asian women have faced scrutiny during this difficult year. However, this rise in crimes against Asian women has a long history in America. The Page Act of 1875, for instance, historically hypersexualized and undermined Asian women by systemically prohibiting them from immigrating to the United States — a decision made on the presumption that they were prostitutes. During wartime, American soldiers took advantage of several camptowns that had Asian sex workers. Therefore, this correlation between the male gaze and the bodies of Asian women has always been present in society. The Atlanta shootings are a tangible and morbid demonstration of this concept — the manifestation of Long’s proclaimed sex addiction through killing Asian women depicts the dehumanization of the victims and their bodies. Stop AAPI Hate recognizes that 68 percent of the reports came from women.

Trish Nhan, a senior at Howard and a member of Howard’s Asian Student Association, personally acknowledges this misogyny. “[Robert Long] says it’s a sexual problem, but it’s been an issue for a long time — people fetishizing Asian women,” Nhan shared. “Maybe it is mental illness, maybe it is other things, but ultimately it comes down to how they were brought up or what they have learned in their past. If they choose not to open up their minds to learn new things then obviously they are going to resort to [violence].”

The Atlanta shootings have shook the Asian community, with many parents reluctant to send their kids to school and workers weary of public transportation. The likelihood of loved ones getting hurt becomes even more palpable when the danger hits close to home, such as the burglaries that took place in Columbia, Maryland.

In February, six Howard County restaurants were broken into, four of them Asian-owned. These

restaurants included Urban Hot Pot, Kung Fu Tea, Bonchon and East Moon Asian Bistro. Furthermore, these series of robberies occurred during the beginning of Lunar New Year, a time of family gathering and celebrating the new year as well as honoring family ancestors.

Individuals all over the nation have gathered together to stand in solidarity and condemn the violence against Asian Americans. Locally, hundreds gathered in Columbia Lakefront to rally as well as honor the victims that passed in Atlanta. Americans of all ages, backgrounds and stories held posters reading “End Racism” and “Hate is a vicious virus.” The energy that radiated from the crowd was one of passion, anger and grief as everyone listened to the string of speakers ranging from Jean Xu, Founding President of Chinese American Parent Association of Howard County, to local Howard County high schoolers. With allies from Jewish, Black and Muslim communities, the event was inspiring and called for change.

Michael Zhao, a senior at Atholton High School and speaker at the rally, powerfully asserted, “I want all students in Howard County, including the 15,000 students of Asian heritage, to take action. Our society is broken and the responsibility of fixing it cannot be pinned solely on the adults who see the issues. So don’t just ask for change. Be that change.”

Kai-Lin Yu, a junior at Atholton High School and president of Atholton’s Asian Student Union, shared that, “the thing about [attending Asian Student Union regardless of race] is you are opening up doors to people and embracing different cultures.”

The past year has been a challenging one for the Asian community, yet individuals are still finding ways to make their voice heard and advocate for change. Their hard work and determination has clearly been heard worldwide and manages to spread everyday — all in an effort to educate others about their struggles, history and false prejudices.

No Age Limit on Nap Time

Shenell Logan '23
Staff Writer

Most of us remember being five years old, in preschool or in daycare, and looking forward to when the lights would be turned off, the mismatched blankets and pillows would be handed out and we would scramble to find the perfect spot for a nap. But as we got older, nap time was ripped out of our grasps, never to be seen again. Why isn't nap time incorporated into a high school schedule?

Teens are supposed to get an average of eight to ten hours of sleep a night. According to The Sleep Foundation, teens in America are not getting enough sleep. Specifically, 73% of high school students are not getting the recommended amount of sleep. There are many reasons as to why this is. Students staying up all night studying, finishing piles of homework or perfecting an essay could be the culprit. Or it could very well be just the schedule.

What the Howard County Board of Education fails to acknowledge when putting together a schedule is the actual biology of a teenager's sleep schedule and how that affects them mentally - and therefore academically. It's not a myth or a lie to say that most teens are prone to staying up late. It is easy to blame the student when they stay up past their bedtime and only get three hours of sleep. But, for the most part, it's not a teen's fault.

Your circadian rhythm is your body's internal clock. It is controlled by a nuclei in the middle of the brain called the suprachiasmatic nucleus and it tells your body when to sleep and when to wake up. Teens experience a shift with their circadian rhythm; their body begins to tell them to go to sleep two hours later and wake up two hours later.

Now this wouldn't be a big deal if it weren't for the school's schedule. School begins at 7:45 am and teens are expected to rise earlier than that in order to arrive and be awake for lessons at school. Teens are expected to risk chronic sleep deprivation in order to arrive at school on time, which isn't fair in the slightest. During quarantine, it's even harder for students to focus from the comfort of their own home. The temptation of a much needed nap can be too much to ignore sometimes.

Many high school students have experienced trouble focusing because of how fatigued they are during school. According to junior Eddy Calkins, "I think it's much harder to focus on anything when you're tired, especially school. In a quarantine setting, it's very hard to focus when you're tired because all you can think about is rolling back into bed."

When asked if he thought that he would benefit from a nap time placed into the school schedule, Calkins said, "I think a nap in the schedule would be amazing. I don't know how it would fit into the schedule, but it would be a great addition and I'm sure test scores and grades would significantly improve if nap time was added to high school." And Calkins is very right when it comes to the advantages of napping.

As reported by webmd.com, napping can "improve your memory, lift your mood, help you be more alert, ease stress... and make you more creative." As long as the nap isn't over an hour, these advantages will ultimately help the everyday student suffering from a lack of sleep. With more sleep, the better the grades, and the better the school looks at the end of the day. And isn't that what the BoE really wants?

The school schedule does not, in any way, shape or form allow teens to get the recommended amount of hours of sleep in order to perform well at school. Teens are working against something that they cannot really control and, in most cases, cannot be blamed for. A nap time must be included in the school schedule for the well-being of all students. If the BoE is resistant to the idea of carving out actual time in the schedule, the nap time can be placed during lunch and can be offered as an option at the very least.

If the BoE won't rewire the curriculum in order to give us less homework or move the starting time for school up a couple of hours, nap time is the best solution in order for students to have better academic performance and success.

March Madness shocking upsets bust brackets

Alex Brown '21
Sports Editor



This year's March Madness was filled with upsets, With Oral Roberts shocking every team they came across, Loyola beating the number one seed Illinois, all the way to Baylor beating Gonzaga in the National championship game 86-70. Making brackets and challenging friends is always a fun time especially at Howard – pride, bragging rights and even money can be on the line. This year especially with so many surprising and exciting games, the Howard High community was on the edge of their seats.

I was able to talk to a Howard Alum Matt Dukes about his love for basketball and especially the Florida Gators: “I couldn’t believe it, who even is Oral Roberts, the game was rigged from the start. Everyone knows Florida is the best.” In my time at Howard I’ve never seen someone root as hard for a team as Dukes does with Florida, so when the practically unknown Oral Roberts team beat the Gators I made sure I talked to him first.

Current student Adam Asifo has made a bracket every year since 8th grade and gave his opinion on this year’s tournament. “I usually always make 2 brackets,” he says. “One is the logical choices based on teams records

and standings and the other is an upset where I take more chances, to my surprise both of my brackets went terribly, I had Michigan winning the whole thing on both and they lost to UCLA in the Elite 8.” Asifo talked more about the tradition of making brackets with his friends. “Every year me and a couple of my close friends put 20 dollars into a jar and whoever had the closest predictions gets all of it, I’ve won the past 2 years but my luck ran out this time,” says Asifo.

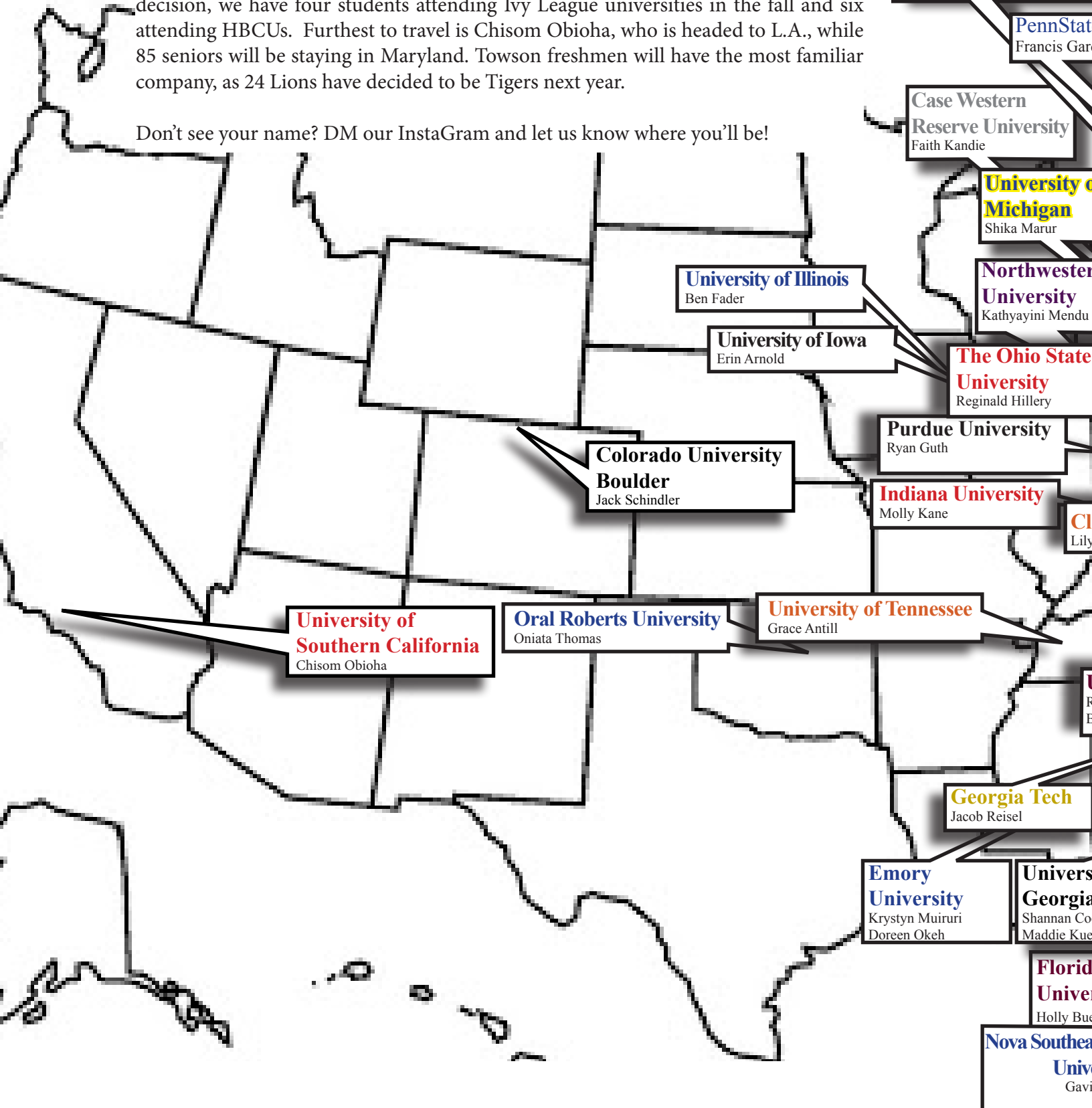
The student body isn’t the only group invested in March Madness. Mr. McGoun speaks on his experience with the tournament: “This year actually went really well for me personally, I had a pretty accurate bracket, It was crazy to see so many upsets though. Gonzaga’s team was undefeated all season right up until the end, you usually don’t see that happen deep into the tournament, or a team that looks truly unbeatable, but as they say anything can happen on any given day.”

With all the commotion about March madness starting to settle down I, along with college basketball fans around the world, am excited for what is to come in the next year as fans will be allowed in full attendance in all college arenas.

Senior Destinations

This year, we were able to reach only 171 members of the 485 students graduating in 2021. This is just a fraction of the student body, but the decisions represented on this map represent a remarkable scholastic achievement! Among those who reported their decision, we have four students attending Ivy League universities in the fall and six attending HBCUs. Furthest to travel is Chisom Obioha, who is headed to L.A., while 85 seniors will be staying in Maryland. Towson freshmen will have the most familiar company, as 24 Lions have decided to be Tigers next year.

Don't see your name? DM our InstaGram and let us know where you'll be!



Candidate for Student Member of the Board: **Peter**



ELKRIDGE, MD APRIL 21, 2021 - SMOB candidate Peter Banyas believes that reaching across the table is one of the most important steps when it comes to enacting change. J. WILSON & S. CHO/LION'S TALE



Between May 5th and 7th, 27,323 students in grades 6 through 11 in HCPSS will have the opportunity to vote in the Student Member of the Board (SMOB) election. Each year, two students from high schools in the county-run for the position, a process which entails fervent campaigning and promotion of each candidate's platform. This year, the two candidates are rising seniors Dhruvi Mirani of Glenelg High School and Peter Banyas of Howard High School.

The position of Howard County SMOB is relatively powerful for a student-held position. According to the HCPSS website, the SMOB acts as the representative of the student body on the Board of Education. Policy 2010 states that the purpose of the SMOB position is to "[present] a student perspective on matters that come before the Board." SMOBs hold many of the same powers and abilities as regular Board members. This includes voting rights, excluding votes on issues pertaining to "budget, personnel, or other restricted matters."

As election day approaches, Howard High student and SMOB candidate Peter Banyas has been hard at work communicating his platform and goals with potential voters and hopes to break the tension within the county.

Banyas

Jasmine Wilson '22

Copy Editor

Banyas has been a member of the Howard County Association of Student Councils for five years and has enacted significant change throughout his time there. He has held a myriad of roles within HCASC, including Second Vice President, Howard Representative, Mental Health Forum Panelist, and SMOB Delegate. He is also the vice-chair of the Legislative Affairs Committee, where he drafted a policy proposal that defends students' right to demonstrate. He places a high value on the student voice, which is why he pledges to host SMOB Town Halls if elected. As explained by Banyas, "To promote an equitable school system, we need to hear from all students and make it easier, not harder, to get involved. This is especially important to me because issues at the board change and we need to make the SMOB more connected and responsive to diverse ideas."

The SMOB is the only member of the Board who directly represents students, and Banyas' platform focuses on improving all facets of student life. He plans to engage students in unique ways, such as through Mental Health Roundtables where "kids would be able to talk with each other about their experiences with anxiety, depression, loneliness, or challenges with school." Banyas has already launched "Fireside Fridays," based on President Franklin D. Roosevelt's Fireside Chats. In these short Instagram clips, he breaks down complex topics to make them more digestible. The themes of the current

installations include SROs, returning to school, and mental health.

A key component of Banyas' campaign is the idea of bipartisanship and community. If elected, he hopes to integrate important communication skills into school curriculums. "I'm advocating for civic education - integrating conversations and civil debates into social studies classes - so that we can learn how to talk about complex issues," he stated. "I believe that school should exist to promote thoughtfulness and discussion, not the regurgitation of facts."

This focus stands in contrast to the cloud of controversy hovering over this year's SMOB election. At the Board meeting on September 10th of 2020, current SMOB Zachary Koung introduced a motion to remove School Resource Officers (SROs) from schools. His motion was supported by fellow Board members Mavis Ellis, Jennifer Mallo, and Sabina Taj. Although the motion failed initially, the Board voted to remove SROs from schools indefinitely on January 21st of 2021. Koung also voted against propositions that concerned reopening plans, leading to multiple 4-4 gridlocks that resulted in failed motions.

The impact that these occurrences had upon Howard County residents was immense, with many parents expressing their displeasure via social media, calling for the elimination of the SMOB position altogether. Two parents filed a lawsuit to abolish the SMOB position, and a Facebook post

that proposed replacing the SMOB with a student advisory council received seventy likes. Additionally, some members of the Facebook group "Howard County Neighbors United" have attempted to discredit Koung by claiming that he is being used as a prop for the Board's "radical agenda."

In regard to the recent controversy surrounding the SMOB and the issue of reopening, Banyas acknowledges the feelings of frustration, confusion, and anger that Howard County residents might feel. "I'm running for SMOB because we need to bring the real conversation to this county and to empower all students to speak up if they have ideas. We need to be willing to challenge ideas civilly, and reach out to people we disagree with," he explained.

In short, Banyas' platform is built on uplifting the student's voice and protecting it from being distorted by external interests: "Student Member of the Board is for students. It's in the name," he says. However, he also aims to bring the community together and promote communication across the board. "This isn't about me being right," he stated, "but how we can find what is right, together."

To learn more about Peter and the details of his platform, follow his Instagram (@peter4smob) and website (peter4smob.org). Make sure to check out his Fireside Friday videos, in which he breaks down complex topics to make them more digestible. His DMs are open to questions or ideas.

STAR WARS GUIDE

for padawans, Jedi, and even scruffy-looking nerf herders

Emma Stuber '22
A&E Editor

Fans of Star Wars seem to never be short of new and upcoming material to enjoy. Almost every main character is getting their own film or series, providing viewers with a never-ending supply of lore and backstories. Whether it's the western-style *Mandalorian*, the animated *Clone Wars*, or the vintage original trilogies, both long-time and new fans of Star Wars are always able to find something to their liking. With Lucas Films recently announcing over ten new projects, let's take a look at three of the most talked-about additions to the Star Wars cinematic universe.

The Mandalorian, Season Three

This incredibly popular series has recently concluded its second season and fans have lots of speculation for what's to come. Will Mando travel to the Jedi Temple and get Grogu back? Will Grogu grow to be a Jedi master under Luke's training? Or will everything be lost when Kylo Ren attacks? Charley Sheeley, an avid Star Wars fan at Howard, points out, "I really hope to see Mando's journey to new parts of this vast universe, or even training other Mandalorians, but under [different] way than he was trained, by the group known as 'The Watch.' We've already been introduced to new planets and systems just in the two seasons we have. Why not go further?" In the last season of *The Mandalorian*, fans watched as Mando acquired the Darksaber, an ancient relic that bestows its owner as the ruler of Mandalore. The saber, which Bo Katan desired, can only be officially awarded to her after she defeats Mando. So what will happen? Will Mando now become king, or will the Darksaber be the focus of an epic battle between him and Bo Katan? "I hope that we will get to see what happens with Mando and the Darksaber," says Ms. Bloedorn, a Howard science teacher and Star Wars fan. "Interestingly, in *Rebels*, Sabine Wren gave Bo-Katan the Darksaber, and there was no necessity of trial by combat—what's up with that? Will Sabine be on?" There isn't much that is confirmed about season three, as the release date is rumored to be sometime in 2022. With *The Mandalorian* producers and directors giving hardly any clues, there is much to be hypothesized about this mysterious season.

Obi-Wan Kenobi

As one of the most fan-favorite Star Wars characters of all time, it is only fitting that Obi-Wan joins the ranks of those who have their own series. Unlike the CGI version of Luke Skywalker in *The Mandalorian* season two, both Star Wars actors Hayden Christensen and Ewan McGregor are returning in *Obi-Wan Kenobi* to reprise the roles of their original characters. "I am particularly excited for Kenobi," explains Sheeley. "We don't know much of what Kenobi did between the aftermath of Order 66 and his appearance in *A New Hope*. We do know that Hayden Christensen is to return, so it's possible we may get episodes or cutscenes to before the fall of Anakin Skywalker." This new series will pick up immediately where 2005's *Revenge of the Sith* (Ewan McGregor's last film as Obi-Wan) left off. Fans know hardly anything about the Jedi's later life, so it will surely be interesting to see how he went on following the devastating loss of his apprentice. With the return of both original actors, one thing is for certain: *Obi-Wan Kenobi* will be unlike any Star Wars series we have seen before.

The Book of Boba Fett

The Book of Boba Fett is a show that lots of original Star Wars fans are eager for. With so little screen time compared to the majority of characters, it's understandable that this iconic bounty hunter deserves his own series. "I would love to hear how Boba Fett survived the Sarlacc, and what happened with the Tatooine crime world, when they had the power vacuum after Jabba's death," adds Ms. Bloedorn. "It certainly looked as though Bib Fortuna stepped in, but how did that go?" Fans were certainly taken aback during season two of *The Mandalorian*, when it was revealed that Boba had outwitted his supposed death in *Return of the Jedi*. It seems as though our understanding of the Star Wars universe is constantly evolving. What else will we find out about Boba Fett's life and the lives of other characters in this new Disney + addition? "I love the character of Fennec Shand (and I think Ming-Na Wen is an amazing actor), so I'm excited to see where that goes," Ms. Bloedorn continues. "In addition, why is it called 'The BOOK of Boba Fett'?? So interesting." The lead producers for this new series will be directors Dave Filoni and Jon Favreau, who worked on *The Mandalorian*, so viewers can rest assured that whatever occurs will be truly epic. Like the enigmatic Boba Fett, there's a lot of mystery surrounding this new Disney + series, which will premiere sometime in December 2021.

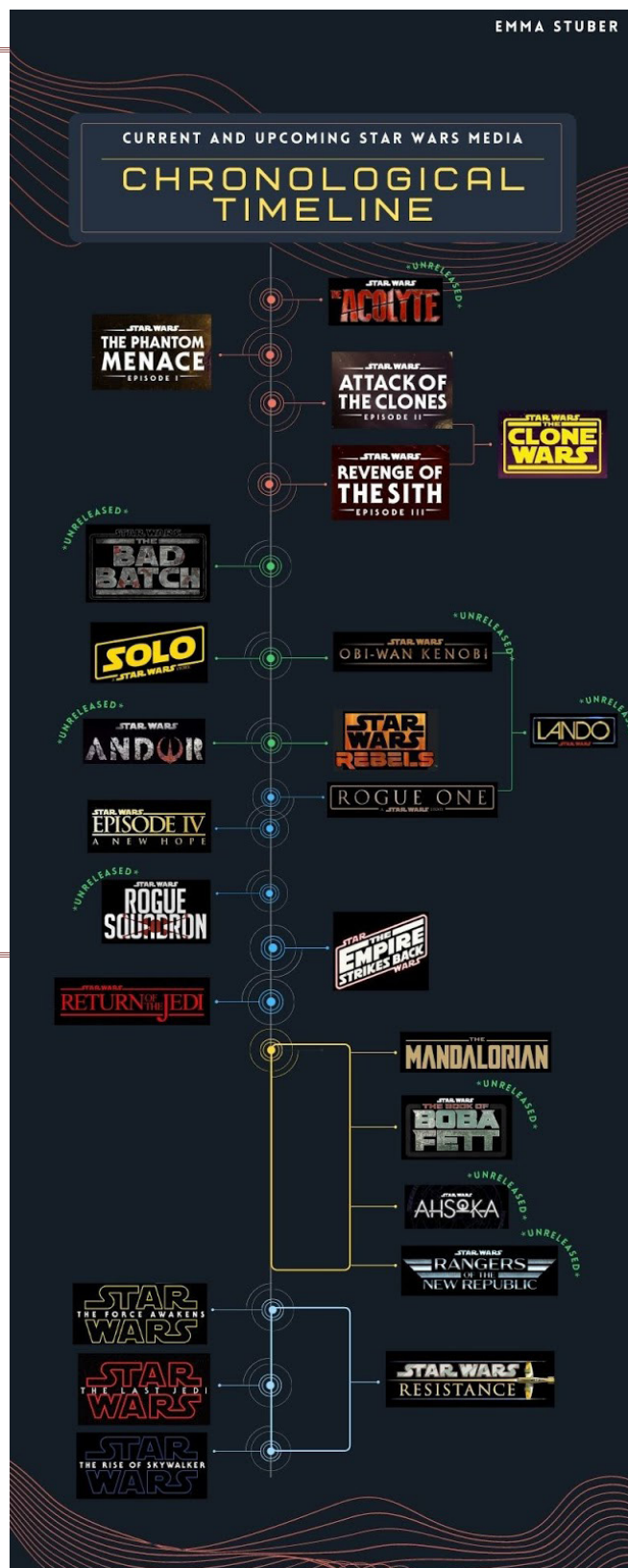
STAR WARS TIMELINE

If you're new to the Star Wars universe and aren't sure where each film falls within the timeline, this chart will help you understand what you should watch before these new additions.

Other unmentioned to-be-released Star Wars media include: The Acolyte (a series about the force of the darkside), The Bad Batch (an animated spin-off of The Clone Wars), Lando (a series about Lando Calrissian), Andor (a spy thriller about Rogue One's Cassian Andor), Rogue Squadron (a film about starfighter pilots), Ahsoka (a series about The Clone Wars' Ahsoka Tano), and finally Rangers of the New Republic, a series that features the timelines of The Mandalorian, The Book of Boba Fett and Ashoka.

In the order of what to watch first, it is truly all up to the viewer's personal judgement. When asked about his opinion, Sheeley says, "If I were to recommend Star Wars to someone, I would start from episode 4-6, then 1-3, and maybe throw in the sequels and the two other movies that are released. That way, the viewer can experience the Star Wars universe as the characters learn more about it themselves."

The majority of these other new Star Wars shows and films won't be out until 2023 or later. Fans have lots of waiting to do but with more time comes more theories about what Disney + and Lucasfilms have in store.



ELLICOTT CITY, MD, APRIL 18th, 2021 - A chronological timeline of all major Star Wars movies and shows, including the recently announced and unreleased series. EMMA STUBER/ LION'S TALE

TOP TEN FPS

Whether you have played them or not, you have at least heard of an FPS game. FPS games, standing for First-Person Shooter, is a gaming genre that's exploded in popularity over the last decade. There's often a lot of discourse about FPS games, but the most relevant debate among gamers is which one dominates over the rest. Which first-person shooter game reigns the best of them all and defines the genre of FPS?

10. CYBERPUNK: 2077

Release Date: December 10, 2020 Price: \$59.99

Video game platform Steam explains: "Cyberpunk 2077 is an open-world, action-adventure story set in Night City, a megalopolis obsessed with power, glamour, and body modification. You play as V, a mercenary outlaw going after a one-of-a-kind implant that is the key to immortality. You can customize your character's cyberware, skillset and playstyle, and explore a vast city where the choices you make shape the story and the world around you." Although this game has amazing storytelling, it falls last due to the gameplay. When Cyberpunk: 2077 was first released, there were many complaints about bugs and glitches throughout the game, which was disappointing since it was in development for eight years. Even though the storytelling and the characters of the game are phenomenal, the glitches and long wait time put this game in last.



9. PLAYERUNKNOWN'S BATTLEGROUNDS (PUBG)

Release Date: July 30, 2016 Price: \$29.99

PUBG was one of the first battle royale games to become popular amongst content creators and streamers back in 2016. In the gameplay, Players are put onto a plane with 99 other players in a match and have to parachute onto the island below. After landing, you have to use any equipment found around you to win and emerge as the last person alive in the server. You can queue up by yourself or with up to three other friends.

5. BATTLEFIELD V

Release Date: November 20, 2018 Price: \$49.99

Battlefield V is the 16th installment of the battlefield series, dating back all the way to 2002. Battlefield is a multiplayer experience that can only be described as chaotic fun. There are a number of game modes that can range from 12-on-12 domination modes to 64-on-64 conquest modes. The game's setting is meant to be similar to World War II, and this can be further shown in the five single-player missions. They may be short, but I believe they are among the best in the whole franchise.

4. SUPERHOT

Release Date: February 25, 2016 Price: \$24.99

Superhot puts the player in a small, minimalistic environment with the goal of eliminating everyone in the area. However, there is a twist. The environment and the people around you will move only when you move. Essentially, you are stuck in slow motion that can only be controlled by your own movements. You will have to be smart and quick with decision-making in order to reach the end. I recommend playing the game in VR rather than on a PC or console- VR features a very different experience and is much more enjoyable.

6. OVERWATCH

Release Date: May 24, 2016 Price: \$19.99

Overwatch is a 6v6 team-based multiplayer shooter. You select a "hero" from a cast of 30 characters which will have 1 of 3 roles- tank, damage and support. This game requires teamwork and good team compositions in order to be successful and win matches. Along with the multiplayer, there is an apocalyptic AI plot within the game explaining the conflict between Omnics and the Overwatch.



8. CALL OF DUTY: WARZONE

Release Date: March 10, 2020

Price: Free

Warzone combines the famous Call of Duty Series with the growing genre of battle royale, yet stands out among the rest of the battle royale games. Similar to PUBG, you are put onto a plane with 149 other people and left with nothing more than a pistol and your own wits. Like other battle royale games, the goal is to remain the last person standing. What makes this different from PUBG is that if you die, players receive a second chance in the Gulag, where you have a one-on-one with another dead player for a chance to be brought back into the game.

3. APEX LEGENDS

Release Date: February 4, 2019

Price: Free

Apex Legends is another battle royale game developed by Respawn Entertainment and published by EA. You and up to two other friends are loaded onto a ship with 60 others and dropped onto the island below. Apex Legends would be like any other battle royale, but it is one of the most well-known for a single reason- it was one of the first battle royale games to include a respawn system into their game. This respawn system would inspire future battle royale games to add a respawn system of their own into their games, being a trendsetter in the FPS universe.



7. CALL OF DUTY: MODERN WARFARE (2019)

Release Date: October 25, 2019 Price: \$59.99

Modern Warfare is another installment in the ever-famous Call of Duty series. This iteration of the series is one of the best in recent years, with my personal favorite being the Modern Warfare branch. I personally enjoyed the original Modern Warfare games from Call of Duty, and Modern Warfare from 2019 truly revived the love I have for the game. This game has both single-player and multiplayer aspects with different experiences that will pique the interest of anyone interested in playing.



2. RAINBOW SIX: SIEGE

Release Date: December 1, 2015

Price: \$19.99

Rainbow Six is a 5v5 tactical shooter developed by Ubisoft. Within rainbow six, you can play up to three game modes. "Bomb Defusal" has attackers attempt to plant a diffuser onto one or two bombsites and the goal of the defenders is to prevent this from occurring. "Secure Area" has attackers attempt to secure a container in one area and defenders prevent the attackers from doing so. Finally, "Hostage" has the attackers try to save a hostage from the defenders, while the defenders try to keep the hostage inside the building. Rainbow Six is known for its potential for creativity, since the environment is destructible and can be shot through, allowing for some skillful plays and unmatched teamwork with your four other teammates.

1. COUNTER-STRIKE: GLOBAL OFFENSIVE (CS:GO)

Release Date: August 21, 2012

Price: Free

CS:GO is the perfect example of a tactical shooter that requires teamwork and coordination in order to be successful. It is a 5v5 FPS that will have you compete in long matches in order to determine who is the best. The defenders have to defend 1 of 2 bomb sites from the attackers, who will be trying to plant a bomb onto one of the sites and let it blow up. This game is known by all who have played FPS games, even if you have not played CS:GO. CS:GO is definitely not easy, but it is a fun pick-up for those who have prior experience with FPS games. CS:GO takes players on an adventure that they will want to continue for as long as they can.



To Binge Watch or Not to Binge Watch?

Meghan Yunkun '22
Staff Writer

During quarantine, many of us had time to sit at home and watch a lot of TV shows, binging a show on streaming platforms or watching that show as it airs, anxiously awaiting the release of the next episode. We all have our different preferences on whether we prefer binge-watching or anticipating a new episode each week. My personal preference is to watch TV in an episodic release format because I enjoy the anticipation of waiting for that next episode. The cliffhanger effect is what I like most; it gets me more and more excited to watch that next episode of *That 70's Show*, *The Office* or *Shameless*.

Many shows, such as *Riverdale* and *Criminal Minds*, have weekly episodes that air on live TV and then the season is released on platforms such as Netflix and Hulu once it is finished. Streaming platforms make it very easy for people to binge-watch their favorite shows. In fact, Netflix has started to produce their own movies and TV shows. Netflix Original series are released by season as a result of the platform's setup, making it easier for people to binge-watch.

Mr. Hollander, a Howard High School teacher, says that he prefers to have all episodes of a show released at once. He doesn't appreciate the wait time between installments that episodic releases entail, stating that "A big example would be when I used to watch *The Walking Dead* and would have to wait every week for another episode. And then would have to wait a couple months for the mid season." Mr. Hollander said that some of his favorite TV shows include *Seinfeld*, *Hawaii Five-0* and *Get Smart*.

Nicole Esker, a junior at Howard High School, said that she prefers episodic release. Nicole said, "I prefer to have my TV released in episodic release because I like having that feeling of sitting on the edge of my chair waiting to see what the next episode is going to bring." Some of Nicole's favorite TV shows are *Friends*, *Criminal Minds* and *Grey's Anatomy*.

We all have different methods when it comes to how we watch TV. However, there are cons to season releases. A website called *The Ringer* says that "shows that air new episodes weekly might get more attention than 10 episodes dropping on a Friday." While you may prefer to binge-watch, you may not have time to sit down and watch all the episodes at once. But with today's technology and platforms, we can watch almost any episode that we want to, whenever we want to. However, the thrill of waiting for that episode just makes it so much more exciting. It makes whatever you are watching more interesting and grabs your attention more.

Because of this anticipation, episodic release is the superior method of watching TV.

The Breakdown Georgia's

Controversy over the 2020 Presidential Election remains instilled in the minds of many politicians, this time taking form in several bills passed by the Georgia state legislature. Some Republican officials still believe the theory that the Democratic party successfully executed mass voter fraud in order to rig the election in favor of candidate Joe Biden. Now, Republican officials have passed several bills which blatantly suppress voters in areas that vote majority Democratic.

Presenting Identification has been an ongoing argument. When a bill for identification presentation for absentee ballots is passed, however, it only targets one group of voters: minorities living in high poverty areas. For my friends that think it is crazy only one group is targeted, I ask you this: Let us exclusively look at the community of Howard High School, and the forms of ID that they would have. A school ID... well, bold of you to assume public schools within a poverty-stricken urban community would provide laminated cards displaying students' pictures, all dressed up for picture day, for every student and faculty member in the entire school. Now you might also say, what about a driver's license? If your family were struggling to even provide food on the table, why would you have a car? If you don't even think about having a car, don't need it for a friend's house or even to get to work, why on Earth would you need a driver's license? Furthermore, the affected areas are so poor that established centers to pick up forms of ID are few and far between, resulting in the need for longer travel to arrive at a location to obtain a form of ID. Well, if you can't afford a car, it isn't exactly easy to get to one of these places.

70% of minorities in this country live in cities or in inner-ring suburbs below the federal poverty line, which is where these laws are primarily targeted. "It's unfortunate and unfair that [lawmakers] are using their lawmaking power to target minority groups... and those with lower socioeconomic statuses,"

with Ben: New Voting Laws

Ben Fader '21
Editor in Chief

said senior Tiffany Rodriguez.

Another law was passed that removes drop boxes in almost all locations in Georgia. Drop boxes allowed a fast and efficient way for citizens to submit their absentee and mail-in ballots prior to elections. The ironic part is that the Republican officials that made the laws also shortened the time that absentee and mail-in ballots were to be submitted, yet they took away the best way to turn the ballots in...smart, if you want to disenfranchise voters.

The most ridiculous law passed of them all was making food and drink deliveries to voters waiting in line illegal. Think about this: It doesn't matter if you are waiting for 30 minutes or 10 hours; there is a state in this country where it is illegal to get food or a beverage while waiting in line. In what world does a law of this sort make practical sense? How does this affect an election or the voting process at all?

As a result of these actions, the state of Georgia has received backlash, and not just from protestors. LinkedIn, Coca-Cola, Delta Air, Porsche, UPS, Microsoft, Home Depot, Bank of America, Nike, Starbucks, Facebook and many other big companies have come out and criticized the laws passed by the state, and some have even threatened to take measures into their own hands concerning their businesses in Georgia in the future. The implications of these laws may not just affect the voting of the state, but could very soon stretch much wider and even encompass some of the economy. The MLB just recently decided to move their All-Star game this year out of Atlanta where it was scheduled to be played. Even Stacey Abrams, a strong Democratic figure in the state, urged the MLB to remain in Atlanta for this year's mid season event, and Howard senior Tiffany Rodriguez agreed with her stating, "I think they definitely should have waited longer or looked into other ways to boycott without completely distancing themselves from the state." Despite the call to keep the game in Atlanta, the MLB made it very clear that they would not be associated with an area where such blatantly racist acts are taking place.

The steps taking place are certainly alarming for our country's future, and the lengths people will go to restrict legal votes have potential to devastate entire communities and affect the USA for years to come.



ATLANTA, GEORGIA, MARCH 30TH, 2021- Thousands have gathered in Atlanta to protest the recent laws put in place who feel that their right to vote is being hindered. A. POINTER/ATLANTA JOURNAL-CONSTITUTION via AP

Sports Update

Chris Mann '22
Staff Writer



Ellicott City, Maryland, April 10, 2021. The Howard County Championship girls varsity race at Centennial High School. The steep hill that runners (including Haley Long, Elizabeth Holcombe, Jasmine Wilson, Nimrit Ahuja and Hannah Schwabb) have to run up 2 times is one of the more challenging parts of the course. David Mann/Lion's Tale

Howard High Sports are finally up and running. A bunch of different fall sports teams were able to compete, and most teams are finishing up their season.

The boys' and girls' cross country teams wrapped up their seasons at the county championships, which took place at Centennial High School. Both teams had good races, with the girls finishing first place in the county with 38 points. The second place team, Centennial, finished with 70 points. That is a huge gap between first and second, and it shows how good this girls' team is. The top Howard finisher for the girls team was junior Hannah Schwab, who ran a 3-mile time of 19:21. The boys finished in third place with 91 points, which was definitely not what they were hoping for – the team had gone into the meet with the expectation of winning counties. Eian Butler, a senior captain for the cross country and track team, said he's "pretty excited for the team as a whole; COVID didn't really have much of an effect as we made sure to follow all of our COVID procedures. We were looking to win the county title again, but fell a little short and still placed really well within the county rankings, and even ended up being the number four team in the state." The winning team in the boys race was Centennial with 47 points, which is one of the top teams in the state. Following them was Mt. Hebron with 78 points. The top finisher for Howard boys was junior Joey Raudabaugh with a 3-mile time of 15:36.

Varsity volleyball finished their great season with a 10-1 record, but not in the way they wanted to – the team lost to Reservoir in the county championships with a score of 2-1. Varsity football finished their

season 4-1, with a win against Wilde Lake at home with a final score of 20-10. Boys' soccer finished their season 5-5 with a loss in the county tournament to Marriotts Ridge. The final score was 4-1 in overtime with the penalty kick shootout. On the other hand, girls' soccer finished their season with a win in their last game against River Hill in overtime with a record of 4-6-1. Girls' field hockey lost in their final game against Mt. Hebron with a final score of 1-0.

All of the Howard sports teams had amazing seasons, and even in this time of COVID the community is glad that Howard County let its athletes shine. Since the fall sports have wrapped up, it is time to look ahead to the spring season as tryouts are currently underway and teams are preparing for amazing competition throughout the county. All of these teams have high hopes to win counties, and they most certainly can because of all of the talent on their rosters.

The spring sports that are officially starting are boys' and girls' lacrosse, baseball, girls' and boys' track and field, softball and boys' and girls' tennis. Track is looking to win the county championships, which would make this the team's third year in a row holding the title of county champions. Butler also discussed how he hopes the team will perform this season, stating that "we're hoping to win as much as possible, and hopefully win the county, and should it happen, place well at states too." We cannot wait to see how the spring season unfolds for all of the sports, and we can all cheer on the teams as they go and chase the county championship title and hopefully bring it back to Howard.

SENIOR EVENTS

Lauren Dearing '21
Staff Writer

Senior year has historically been a year of traditions. Students get to enjoy events like the Mid-year, Prom, Boat trips and graduation. However, this year is not typical. Because of the current state of the community and across the country as a result of COVID-19, students are limited to what they can do together. Despite this fact, the Howard High student government and parents have found a way to hold events specific to the senior class.

Since the beginning of this school year, these events have been taking place and have ranged from virtual spirit days to in-person hayrides during Halloween. "I think Jeopardy has been my favorite school-sponsored event because it brought us together while allowing us to learn some new fun facts," said Marybeth Appleyard, a senior at Howard and the vice president of the SGA. The point of these events is to create a sense of normalcy among seniors and to give them the chance to see one another before the year is over. "It's a chance to be with friends and interact," stated Donna Hayman, the senior class coordinator. "It's going to be memories that they are going to take with them as they graduate and move on to different parts of their life."

One of the many concerns surrounding senior events is safety during such a difficult time. Rest assured that both in-person, school and PTA-sponsored events have rules in place to ensure the safety of everyone who attends. Appleyard said that at the PTA-sponsored events "masks are required, and everyone must practice social distancing, and all food eaten must be at a distance and pre-packaged." As for the school-sponsored events, Mrs. Hayman stated that masks are also required and will be "monitored throughout." They will not be serving food at these events; only water will be supplied, and the games and activities were made so that people would not have to come into close contact with one another or the same objects, such as a ball or a bean bag.

Check the events below for the current list of all upcoming senior events for the end of the year.

May 6

Senior Awards Ceremony: May 6th, 3-5. This event honors students who have made outstanding achievements regarding academics and our community. This event is invitation-only, meaning that only those being awarded and two guests may attend the ceremony.

May 6

Senior Award Celebration: May 6th, 6:30-8:30. This event is the post-celebration of the Award Ceremony. It will be held on the stadium access road. The theme is Tropical Evening in Paradise, so come dressed in your best floral shirts! There will be leis, beach balls, and luminaries. Along with the normal festivities, there will be a talent show and "best-dressed awards." It will all end in a senior sunset event that will be broadcast to all seniors who choose to participate virtually.

May 28

Seniors' last day! May 28th

June 2

Graduation: June 2nd at 7 pm. All seniors must arrive at the Merriweather Post Pavilion by 6:00 pm at the latest. Each senior will receive two tickets for the ceremony. The ceremony will also be streamed live for those who cannot attend in-person graduation. Masks must be worn at all times during the ceremony.

June 4

Parent-Sponsored Prom: June 4th 7-11pm, Maryland Live! Great Hall. The theme is Roaring 20's. The tickets are \$75 online and are open to seniors until May 7th, when they will be opened up to guests.

Note: This event is not sponsored by HCPSS or Howard High School.

AN ELEPHANT AMONG DONKEYS

Kenny Ling '21
Staff Writer

What is the difference between right and wrong? In a political sense, there isn't a difference. But what does it mean to be a conservative? Or even a liberal? According to a study conducted by Pew Research Center, most people identify themselves as "independent," having both conservative and progressive views. Unfortunately, that's not the case in Howard County, Maryland. In the 2020 presidential election, 70.7% of HoCo voters voted for Joe Biden while only 26.4% voted for Donald Trump. This is shocking due to the fact that only 53% of HoCo are registered Democrats. In such an extremely left-leaning area, it's been difficult for me to express my conservative opinions and views.

For example, COVID-19, a gray area when it comes to safety, has driven Howard County insane with masks and social distancing. I think masks are effective to a certain extent, but staying six feet apart should negate the need to wear masks at every turn. At a recent Howard soccer game, a photo on Twitter displaying a crowd of passionate fans celebrating after a goal (scored by senior Karl Quist-Therson) received backlash from the liberal community for not social distancing and wearing masks, resulting in severe and unnecessary repercussions such as being denied entry into sporting events. A liberal Twitter user attacked me and my friends for not wearing a mask at the game and condemned us for breaking the law. Braden Zehring, a spectator at the game and captain of the Howard lacrosse team, spoke out on the issue: "It's getting ridiculous at this point, I mean a picture of the fans celebrating without masks causes hysteria from Twitter - just ridiculous." Even the system of when and where to wear masks is ineffective and inconsistent. People can play contact-to-contact football without wearing masks while I'm required to wear a mask running on a treadmill, lifting weights and sitting twenty feet away in a class with just my teacher.

Local opinions on the minimum wage is likewise one-sided. The \$15-per-hour minimum wage seems great, right? A pinnacle part of the Democratic Party platform, there's no surprise that it's already set in motion with the minimum wage being raised to \$15 on January 1, 2025 in Maryland. More money, more wealth, more success. But I don't believe that's the case. Smaller businesses will be heavily impacted, as well as inflated prices for Maryland goods and services. Still don't believe it? The price of a Chipotle steak bowl increased from \$7.50 to \$9.20 in a span of two years, which is no coincidence. As a student working a part-time job, the measly pay raise from an increase in minimum wage fails to compensate for the rise in price for goods and services. Emily Zahn, a part-time cashier and sophomore at Howard, gave her voice on the high minimum wage: "I always thought higher minimum wage was a good thing, until I started working and buying stuff." It's safe to say in 5 years from now, a good ol' Chipotle bowl will be \$30, along with a \$5 bottle of water.

Liberals and conservatives differ on even the basics of our patriotic displays. The Star Spangled Banner, this great nation's anthem, hasn't been treated too kindly in recent years. Tuning into last year's NBA playoff games and witnessing athletes and coaches kneel against the flag had me questioning if the United States really *was* great. To see our greatest athletes and role models disgrace our flag and troops really made my blood boil. Social injustice was and still is a problem, but taking it out on the symbol that represents innocence and perseverance seems to be doing more harm than good. Kneeling before the flag is counterproductive in promoting a cause; all it really does is cause division rather than unity in our country. "I agree with the problem of social injustice but kneeling doesn't solve anything," said Connor Henderson, a junior at Howard. There are other alternatives to promote awareness such as social media and rallies, rather than causing more chaos.

In short, the political climate in Howard County is overwhelmingly hostile towards my political views, rendering conservative students such as myself unable to express their opinions without judgement.

Best Products for *Skin Care*

Tulsi Fadadu '23
Staff Writer

Depending on your skin type, you may have either oily or dry skin. If you have oily skin, your skin may feel greasy, shiny, and you may experience persistent acne. According to healthline.com, this is because your skin is overproducing sebum. Sebum is oil from fats and is not overall bad for you, it helps your hair stay healthy and shiny. Oily skin can cause clogged pores, increased acne breakout, thicker skin and fewer wrinkles. Dry skin is usually caused by an increase or decrease in temperatures, low moisture in the air, and dehydration, according to mayoclinic.org. Dry and oily skin are both very manageable to take care of if you use the right products at the right time. Cleanser and moisturizers can be used at any time of the day while sunscreen should be applied every 2 hours.

Skin Type	Cleanser	Moisturizer
Oily	Aveeno Clear Complexion Cleanser (contains salicylic acid which reduces breakouts and fights against the new ones that may come through) <small>ohcnews.com</small>	Neutrogena Hydro Boost Gel Cream (contains hyaluronic acid but is lightweight and will not leave an oily look) <small>real-simple.com</small>
Dry	CeraVe Hydrating Face Wash (contains hydrating ceramides which locks in water into your skin and keep the face hydrated) <small>prevention.com</small>	CeraVe Moisturizing Cream (contains hyaluronic acid which is a hydrating acid and helps with dehydrated skin.) <small>prevention.com</small>
Combination	Philosophy Purity Made Simple One-Step Paraben Free Facial Cleanser (contains natural oils that help extract oils from the skin and balance the skin complexion) <small>byrdie.com</small>	Hyaluronic Marine Oil-Free Moisture Cushion (contains hyaluronic acid and is oil-free so the skin will be moisturized and oil-free. <small>byrdie.com</small>

In addition to the dermatologist-approved products in the table above, I recommend the Aveeno Clear Complexion Foam Cleanser since it locks in moisture to your skin all while keeping your face less oily. For dry skin, I recommend the La Roche-Posay Toleriane Hydrating Gentle Cleanser since it heals dry skin by adding moisture since it includes essential moisturizing elements. As for moisturizers, I believe that the Aveeno Positively Radiant Daily Moisturizer works wonders on oily skin. It includes an SPF of 15 and leaves the skin with a matte finish. Amlactin Alpha-Hydroxy Therapy Moisturizer is amazing for dry skin since it includes ammonium lactate which resolves dry, scaly skin. Lastly, the CeraVe Sunscreen SPF 50 is great for both oily and dry skin.

Riya Dalsania, pictured left, is a senior at Atholton High School and has been struggling with acne for 5 years. She wants to share her story so others know that they are not the only ones who have acne, and that she is still trying to clear her skin. Riya states, "It took me at least 3-4 years for my skin to clear up." It took her years to find products that worked for her and she had to be very patient. Her favorite products currently are VaniCream Cleanser, Ordinary Rose Hip Oil, La Roche Posay Toleriane Ultra Intense Soothing Care and EltaMD UV Clear Tinted Face Sunscreen. She has also been going to a dermatologist recently and has been prescribed medication to help. The best advice Riya can give you is, "Patience is key!" Depending on your skin, it can take years for your acne to completely heal, and being patient is the hardest part. She also says to apply sunscreen every single day, whether you go outside or not. The sun's rays are very harsh and damage your skin very easily. Last, acne is normal and everyone gets it; this does not make you any less beautiful.



Review:

THE FALCON AND THE WINTER SOLDIER

Richa Telaprolu '23
News Editor



From WandaVision to The Falcon and the Winter Soldier, Marvel Studios has truly wowed fans this quarantine with such groundbreaking new series. Some fans thought that Marvel content would have ended with Avengers: Endgame, but that's not the case. The Falcon and the Winter Soldier, the newest edition to the MCU, is a great, action-packed show full of thrills and twists.

Fan favorite superheroes Bucky Barnes (aka, the winter soldier, played by Sebastian Stan) and Sam Wilson (the falcon, played by Anthony Mackey) are an unlikely duo in this new series. Both Avengers are on a mission to stop the Flag Smashers, a group of super soldiers whose goal is to unite humanity - at least, those who survived Thanos's snap - and destroy any symbols that represent government or country boundaries from before the blip. The reintroduction of people who had been dusted displaced those who survived, and the Flag Smashers are some of the displaced. The Flag Smashers are led by Karli Morgenthau (Erin Kellyman), a supervillain (and super soldier) who is ready to kill anyone in her way.

The show continues off of the post-credits scene from Avengers: Endgame, when Captain America gives his shield to the Falcon. The action scenes in the first episode set the tone for the rest of the series. We also get to meet Sam's family, and learn a little about Bucky's past early in the first episode. Also in this first episode, the audience is introduced to the Flag Smashers by Falcon's friend, Torres, who was caught up in a fight with them.

The Falcon and the Winter Soldier brings back characters from previous Marvel movies, such as Sharon Carter (Emily VanCamp) and Baron Zemo (Daniel Bruhl), both favorites despite little screentime in previous movies. Though they are familiar characters, their behavior is not: Baron Zemo uses his disdain for super soldiers (and his considerable wealth) to help the title duo fight the Flag Smashers, while Sharon Carter is living as a fugitive in Madripoor after her treasonous support of Captain America in Civil War.

We also meet new characters like Isaiah Bradley (Carl Lumbly), the "new Captain America," John Walker (Wyatt Russell), and his partner, Battlestar (Cle Bennett). The plot becomes darker in episode four, when the audience's initial dislike for the new Cap is solidified. Episode five continues off of that with even more twists and mysteries, as well as a surprising end credit you'll just have to see to find out about.

The finale is emotional and inspiring, mostly due to Sam Wilson's great speech to the senators, discussing how labels like "terrorists" lead to problems of blame. Sam Wilson directly addresses the difference between him and Steve Rodgers: He doesn't have the serum, or blonde hair. This theme of bigotry runs throughout the series, and provides social commentary on the viewers' world.

This series in all was amusing, action-packed and progressive in addressing issues such as racism and government power in our society. The Falcon and the Winter Soldier is truly an amazing show that all Marvel fans will enjoy.

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